

Room

Date

Budget

Measure the room once at the top. Every line below works off those three numbers, so you are not re-measuring for each material — which is where the mistakes come from.

1 · THE THREE NUMBERS EVERYTHING COMES FROM

Floor area (L × W)

sq ft

Perimeter (all four walls)

linear ft

Ceiling height

ft

Wall area (perimeter × height)

sq ft

Doors

no.

Windows

no.

2 · WHAT THE ROOM NEEDS

MATERIAL	AREA OR LENGTH	ONE PACKAGE COVERS	BUY THIS MANY	COST	✓

THE ORDER MOST PEOPLE WORK IN

- Insulation and drywall come off wall area. Deduct openings only if there are several.
- Paint comes off wall area too, but two coats — and the ceiling is a separate number.
- Flooring and underlayment come off floor area, plus waste for the cut pattern.
- Baseboard and trim come off perimeter, minus door openings, plus a length for offcuts.